

# KELOWNA GUIDE



# explore KELOWNA

## Top Picks for Entertainment Outside the Conference

Welcome to Kelowna, a vibrant city nestled in the heart of British Columbia's stunning Okanagan Valley. While your days might be filled with conference sessions and networking, we've compiled a list of must-visit spots that promise to make your evenings and weekends just as exciting.



## Best Things To Do Downtown Kelowna

- Dine at locally-owned restaurants and cafes
- Stroll along the waterfront boardwalk (2.2 km)
- Check out the year-round events
- Shop your heart out on Bernard Ave
- Take a dip in Okanagan Lake
- Fill Your Growler at a local Brewery or Cidery
- Rent a boat and explore the lake



Details, locations, and information  
inspired by the Tourism Kelowna website.

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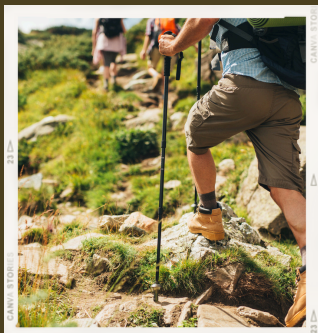
Fall provides an amazing time to take in the local scenery in all its boldness and vibrancy!

## SET OUT ON A HIKE

### Knox Mountain Park

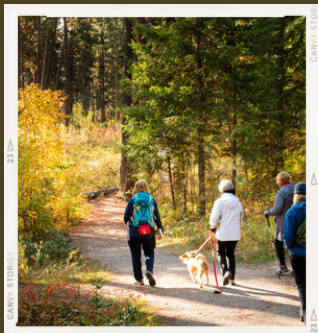
#### Apex Trail / Paul's Tomb

One of Kelowna's most popular hiking and biking mountain is located just steps from downtown. Most trails are accessible by entering the park from Ellis Street. Knox Mountain offers a variety of pathways that all offer stunning lake and city views (shown in the above photo). The locals' favourite hikes are the Apex Trail (moderate to difficult; 1-5km) and Paul's Tomb (easy to moderate; 3 km round trip).



### Mission Creek Greenway Regional Park

The greenway is perfect for walking, jogging, hiking, and cycling. The main pathway winds along Mission Creek for 26 km and has several paths that are considered easy hikes/walks. Other trails feature steeper inclines and uneven terrain, such as the Scenic Canyon trail. Whatever path you choose, you will enjoy the colourful canopy of trees.



### Kalamoior Regional Park

Located just across the bridge in West Kelowna, Kalamoior Park offers trails along the shoreline and hillside, offering a range of trails easy to moderate. Enjoy the trails and the most phenomenal panorama views of Kelowna and Okanagan Lake.



More information and recommended fall hikes can be found on the Tourism Kelowna website.

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# CRAFT BREWERIES, CIDERIES & DISTILLERIES, OH MY

**Downtown Kelowna has become home to many microbreweries, cideries and distilleries that are worth checking out!**

**A. Okanagan Spirits**

267 Bernard Ave

**B. Kelowna Beer Institute**

1346 Water St

**C. BNA Brewing Co & Eatery**

1250 Ellis St

**D. Red Bird Brewing**

1080 Richter St

**E. Vice & Virtue Brewing**

1033 Richter St

**F. Jackknife Brewing**

727 Baillie Ave

**G. Kettle River Brewing Co.**

730 Baillie Ave

**H. Rustic Reel Brewing Co.**

760 Vaughan Ave

**I. BC Tree Fruits Cider**

880 Vaughan Ave

**J. Born to Shake**

110-889 Vaughan Ave

**K. Unleashed Brewing Co.**

207-880 Clement Ave

**L. The Office Brewery**

301-890 Clement Ave

**M. Buffalo Rouge Brewing Co.**

105-1111 Gordon Dr

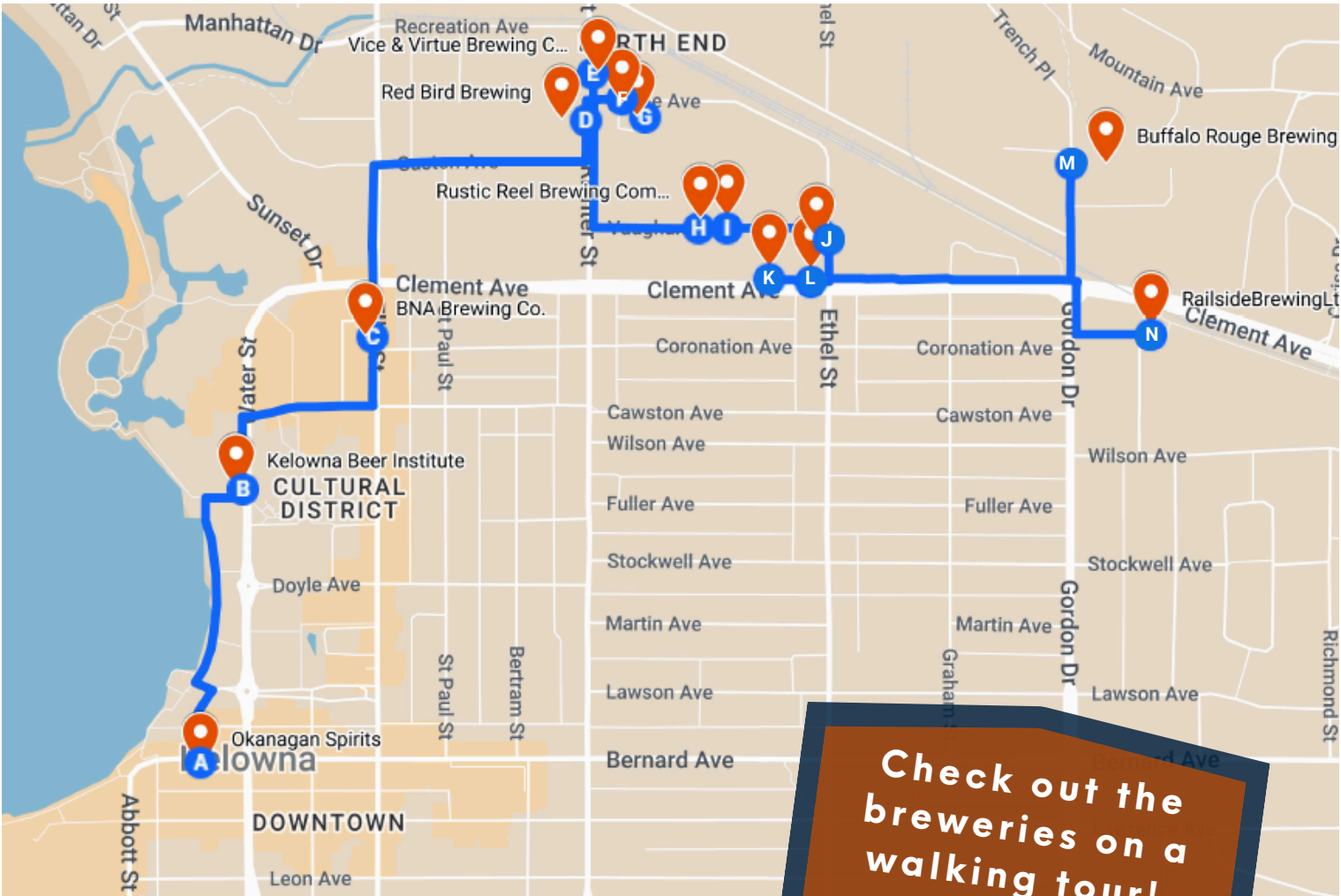
**N. Railside Brewing**

1186 High Rd





# HOW MANY CAN YOU GET TO IN A DAY?



More information can be found on the Tourism Kelowna website.





**Downtown Kelowna  
is full of hidden  
culinary gems,  
perfect for food  
enthusiasts eager  
to explore.**

## **LOCAL RESTAURANTS & CAFES TO CHECK OUT**

### **Casual Dining**

#### **Leopold's Tavern**

279 Bernard Ave

#### **Central Kitchen + Bar**

1250 Ellis St

#### **BNA Brewing Co & Eatery**

1250 Ellis St

#### **El Taquero**

1443 Ellis St

#### **Bohemian Cafe**

524 Bernard Ave

#### **Cantina del Centro**

271 Bernard Ave

#### **OEB Breakfast Co**

1590 Ellis St

### **Fine Dining**

#### **West Coast Seafood & Raw Bar**

1675 Abbott St

#### **Krafty Kitchen & Bar**

281 Lawrence Ave

#### **Salt & Brick**

243 Bernard Ave

#### **Oak + Cru**

1310 Water St

#### **Erica Jane Restaurant**

2-1187 Sunset Dr

#### **Micro Bar & Bites**

1500 Water St

### **Cafes**

#### **Karat Chocolate + Pastry Boutique**

1526 Ellis St

#### **Bean Scene Coffee Works**

1399 Ellis St

#### **Naked Cafe**

571 Lawrence Ave

#### **The Galley Lakeside Cafe**

1370 Water St

#### **Sprout Bread**

125-1295 Cannery Ln

#### **Bright Jenny Coffee**

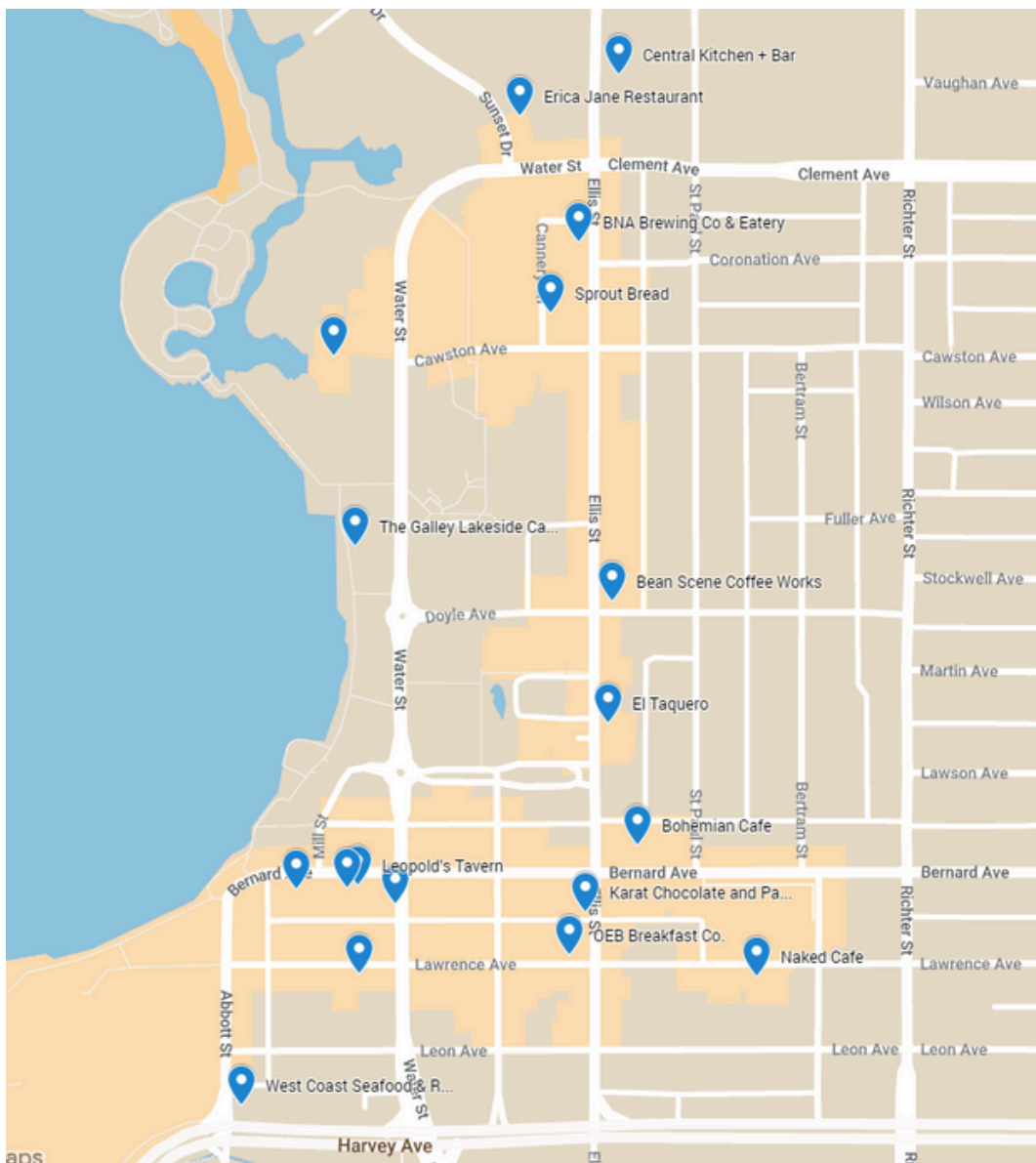
984 Laurel Ave

More information can be found on the  
Tourism Kelowna website.

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## MAP OUT LOCAL RESTAURANTS & CAFES



More information can be found on the  
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Sprawling across the Okanagan Valley there are more than 186 wineries to sample and visit.

## SIP & SAVOUR AT THE MANY WINERIES

### **Kelowna**

#### **Sandhill Estate Winery**

1125 Richter St

#### **Cedar Creek Estate Winery**

5445 Lakeshore Rd

#### **Summerhill Pyramid Winery**

4870 Chute Lake Rd

#### **Tantalus Vineyards**

1670 DeHart Rd

#### **SpearHead Winery**

3950 Spiers Rd

#### **The View Winery**

2287 Ward Rd

### **West Kelowna**

#### **Mt. Boucherie Estate Winery**

829 Douglas Rd

#### **Little Straw Vineyards**

2815 Ourtoland Rd

#### **The Hatch**

3225 Boucherie Rd

#### **Quails' Gate Winery**

3303 Boucherie Rd

#### **Frind Estate Winery**

3725 Boucherie Rd

#### **Mission Hill Family Estate Winery**

1730 Mission Hill Rd

#### **Crown & Thieves**

3887C Brown Rd

### **Lake Country**

#### **Arrowleaf Cellars**

1574 Camp Rd

#### **Gray Monk Estate Winery**

1055 Camp Rd

#### **Ex Nihilo Vineyards**

1525 Camp Rd

#### **Blind Tiger Vineyards**

11014 Bond Rd

#### **Intrigue Wines**

2291 Goldie Rd

#### **Peak Cellars**

2290 Goldie Rd


#### **50th Parallel Estate Winery**

17101 Terrace View Rd

More information can be found on the Tourism Kelowna website.

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Nestled in the heart of the Okanagan Valley, these courses boast stunning vistas of rolling hills, lush vineyards, and the sparkling waters of Okanagan Lake.

## HIT THE GREENS

### Kelowna

#### The Harvest Golf Club

2725 K.L.O. Rd

#### Gallagher's Canyon Golf Club

4320 Gallaghers Dr. E

#### Tower Ranch Golf & Country Club

1855 Tower Ranch Blvd

#### Black Mountain Golf Club

575 Black Mountain Dr.

#### The Okanagan Golf Club - Bear and Quail

3200 Via Centrale

#### Sunset Ranch Golf & Country Club

2287 Ward Rd

#### The Okanagan Golf Club

3200 Via Centrale

#### Shadow Ridge Golf Club

3770 Bulman Rd

### Vernon

#### Predator Ridge Golf Course

2725 K.L.O. Rd

#### Signature Golf Course @ The Rise Resort

8800 Rising View Way

### West Kelowna

#### Two Eagles Golf Course

3509 Carrington Rd

#### Shannon Lake Golf Course

2649 Shannon Lake Rd



More information can be found on the  
Tourism Kelowna website.

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Aside from its incredible bars where live music is a staple, Kelowna is a vibrant hub for entertainment and culture. The city regularly hosts an array of shows.

## SHOWS & PLACES TO CHECK OUT



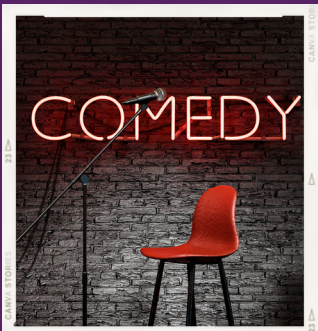
### Kelowna Actors Studio & Dinner Theater

Evil Dead - The Musical  
October 16 - November 2.

### Rotary Centre for the Arts

Rocky Horror Show - The Musical  
Friday, October 18th and Saturday, October 19th

Jazz Jam  
Thursday, October 24th



### Kelowna Farmers' & Crafters' Market

April through October 8 AM - 1 PM  
Wednesdays and Saturdays

### Prospera Place

Jordan Davis - Damn Good Time World Tour  
Saturday, October 19th

Sawyer Brown  
Tuesday, October 22nd

Jim Jefferies & Jimmy Carr: Charm Offensive  
Thursday, October 24th



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